

## **SOLUTION FOCUSED WORKSHOP FOR SINGLES & COUPLES**

**MONDAY, OCTOBER 9 2017**

**6:15 – 9:15 P.M**

**1100 N. BEECH ST., BLDG 8**

**NORMAL, IL**

*Who am I vs. who I am in relationship?*

*How two "I's" make relationship work*

*What do emotions have to do with it?*

*I try SO hard! Why don't I get my needs met?*

- If it's true that we marry our "parents", how do we "divorce" that parent while strengthening our partner relationship?
- Learn at least 3 ways to avoid/recover from blowing up or withdrawing.

**You will learn invaluable tools to bust your knee jerk reactions and choose useful responses, respectful of both you and your partner!**

Cost of the workshop: Advanced purchase: \$47 individual \$79 per couple  
At the door: \$60 individual/\$90 per couple

**FOR MORE INFORMATION CONTACT:**

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EVENT REGISTRATION:

<https://www.eventbrite.com/e/solution-focused-coaching-for-singles-couples-tickets-30035369599>